



*Linda Wang*

Linda Wang 来自北京，教育学学士，心理学硕士，致力于社区服务。曾服务于加拿大国家统计局，多伦多教育局中文教师，皮尔区多元文化理事会安居工作人员。现任皮尔区多元文化理事会 (Peel Multicultural Council) 新老移民互助平台项目负责人 (Host Program Coordinator)，兼职于皮尔区教育局中文教学工作。

## 皮尔区多元文化理事会简介

Mississauga 皮尔区多元文化理事会 (Peel Multicultural Council) 是具有30多年历史的非牟利社区服务机构，由加拿大移民局投资资助。PMC致力于促进多元文化社会，在各族裔社区团体间构筑加强沟通与交流增进理解的桥梁。为新移民提供热情周到的安置服务，帮助新移民尽快融入加拿大社会。本理事会为新移民提供的所有服务均免费！

### 新老移民互助平台项目 (Host Program)

新老移民互助平台是本理事会的特色项目之一。新移民初到加拿大往往感到一头雾水，对新的社区环境不熟悉，加上语言的障碍和缺乏加拿大本地工作经验，比较起来生活水平相对于在国内时大大下降。许多人为此陷入苦恼与郁闷的心境。

新老移民互助平台项目拥有一批热心的义工。他们多数也曾是移民。经过多年的奋斗，他们现在已经在加拿大这片热土上安居乐业。他们愿意把自己多年的生活体验介绍给新移民朋友们。帮助他们克服困难，共建和谐美好社区。

新老移民互助平台项目在把老移民一对一介绍给新移民的同时，还组织丰富多彩的集体活动：

英语角 (English Conversation Circle) — 帮助新移民朋友提高英文口语，增进扩大社区知识。

旅游活动 (Field Trip) — 参观自然及历史文物，熟悉社区，扩大交友。

通过新老移民互助平台项目，新移民朋友可以：

- 提高英文水平
- 了解加拿大历史文化，人文地理及生活习惯
- 获得精神支持，尽快融入社会
- 掌握更多有用信息
- 建立人际关系网络

通过新老移民互助平台项目，我们的义工可以：

- 结识新朋友
- 了解不同文化历史及语言
- 增进社区安居工作经验及信息交流
- 提高自信，增长多方技能
- 获得义工荣誉证书

We continuously recruit Host Volunteers! **我们招募义工!**

We welcome all newcomers join in our program! **欢迎新移民加入我们的项目!**

新老移民互助平台项目的负责人是: Linda Wang (Host Coordinator)

6630 Turner Valley Rd, Mississauga L5N 2P1 Website: [www.peelmc.org](http://www.peelmc.org)

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## Peel Multicultural Council

Peel Multicultural Council (PMC) is an umbrella organization founded in 1977 to address social, linguistic, racial and cultural needs of the rapidly diversifying population of Peel. The mission of PMC as a non-profit organization is to promote a harmonious multicultural society in Peel by building bridges of understanding between ethno cultural group, institutions, and the community, and to facilitate settlement & integration of newcomers to Canada. PMC dedicated to assisting new immigrants and refugees to Canada to meet their settlement and integration needs through a variety of services and programs.

### About our Host Program

People come to Canada every year seeking a new and better way of life. They come with valuable experience and skills. But, they sometimes feel frustrated because of language barriers and unfamiliarity with Canadian society. The Host Program is a unique program that aims to help newly arrived immigrants settle in Canada with more ease and friendship. Host Volunteers play an important role in the Host Program as private mentors. They are matched with newcomers on one-on-one basis to lend support in newcomers' communities.

The Host Program also offers activities for groups free of cost. E.g. field trips and English conversation circles. These offer opportunities for even more interaction with diverse members of the community, and they are often a lot of fun.

Through Host Program, Newcomers can:

- Practice English or French
- Learn about Canadian life and culture
- Get emotional and moral support
- Better cope with the stress of adapting and settling in new community
- Participate in special events
- Explore and discuss helpful resources
- Meet people in your profession

Through Host Program, Host Volunteers will:

- Make new friends
- Learn about other cultures, languages and countries
- Gain knowledge about the settlement process
- Build up confidence and self-esteem
- Sharpen your communication, leadership, motivational, inter-personal, management and supportive skills
- Participate in educational workshops, social activities and special events
- Receive a certificate upon completion of volunteer hours